

咽喉及氣道內視鏡檢查

簡介

咽喉纖維內窺鏡用以檢查鼻、咽、喉、氣道及食道，藉此抽取部份活組織作化驗。這是一個普通的耳鼻咽喉檢查，可找出確定腫瘤之位置，找出聲音嘶啞及睡眠呼吸窒息之原因。

準備工作

- ◆ 須簽署同意書
- ◆ 如曾對任何藥物有過敏反應，請先通知醫生或護士
- ◆ 須禁食六小時

過程

- ◆ 首先，醫生在鼻腔及喉部噴上局部麻醉藥，然後將一條約五毫米直徑的內窺鏡經其中一個鼻孔插入，以檢查鼻、咽、喉、氣道及食道

- ◆ 當喉部被噴上麻醉藥及內視鏡插入氣管時，病人可能有窒息的感覺，請儘量保持安靜及規律地呼吸
- ◆ 請儘量不要移動。如需咳嗽或移動，請先向醫護人員示意

護理和建議

- ◆ 檢查後，你可能感到喉部有輕微痛楚
- ◆ 檢查後一小時內，切勿飲食，因受麻醉藥影響，暫時可能吞嚥有困難

併發症

- ◆ 嚴重流鼻血： $< 1\%$
- ◆ 氣道或食道受損： $< 0.5\%$
- ◆ 食道或下咽腔穿破： $< 0.5\%$
- ◆ 麻醉藥過敏

如有任何查詢，請聯絡你的主診醫生

以上資料由瑪麗醫院耳鼻喉外科提供。



咽喉及氣道內視鏡檢查 FLEXIBLE NASOENDOSCOPY



Tung Wah Hospital
東華醫院
東華三院馮克敏醫院
Fung Yu King Hospital



碧蓮公主醫院
Duchess of Kent Children's Hospital

FLEXIBLE NASOENDOSCOPY

Introduction

Flexible nasoendoscopy is a procedure to examine the upper aerodigestive tract from nasopharynx down to oesophagus under direct vision. Biopsy can be taken if necessary. It is an examination which is indicated for the investigation of hoarseness of voice, obstructive sleep apnoea and tumors (new growths) inside the aerodigestive tract.

Preparation

- ◆ A written consent is required
- ◆ Please inform doctor or nurse if you have history of drug hypersensitivity
- ◆ Fasting for 6 hours prior to the investigation

Procedure

- ◆ Before the endoscopy, local anaesthetic agent is applied to the nose and throat. A flexible endoscope of 5mm in diameter is inserted into one of the nostrils. The

nasopharynx, larynx, trachea and oesophagus will be examined

- ◆ You may experience choking sensation during spray of anaesthetic agent to the laryngeal inlet or when the endoscope is inside the trachea. You should remain calm and breathe in regular manner
- ◆ During the whole procedure, please do not move. If you want to move or cough, please notify the doctor beforehand

Care and Advice

- ◆ After the procedure, you may experience mild pain or discomfort in the throat
- ◆ Due to the effect of the anaesthetic agent, you may experience some difficulty in swallowing, therefore, please do not drink or eat within one hour after the procedure

Complications

- ◆ Severe nose bleeding: <1%
- ◆ Injury of the aerodigestive tract :<0.5%
- ◆ Perforation of hypopharynx and oesophagus <0.5%
- ◆ Anaphylaxis to anaesthetic agent

Should there be any queries, please consult your doctor-in-charge

Information provided by the Department of ENT, Queen Mary Hospital.