

Hospital Authority Health Guide

Wound Care

(1) Wound Care Instructions

- Keep the wound and dressing dry. Do not get wet, otherwise the dressing needs to be changed.
- If the wound is on the arm or leg, elevate the injured limb to reduce swelling.
- Do not apply any ointment to the wound unless prescribed by the doctor.
- If removal of stitches/wound care and cleaning are needed, attend a general out-patient department as advised.
- If a tetanus vaccine is given, swelling at the injection site may last for a few days.
- A tetanus vaccination course consists of 3 injections which can secure immunity for 10 years. Please receive the injections as scheduled at a general out-patient department.

(2) Seek medical attention promptly from an Accident & Emergency Department or clinic if

- there is bleeding from the wound;
- signs of infection, e.g. swelling of wound, intense pain or with odorous discharge;
- fever and chills.