



Chalazion

A chalazion is a small bump in the eyelid which is caused by the blockage of oil glands (Meibomian glands) ducts at the eyelid margin resulting in chronic inflammation.

Signs/Symptoms

Patient will notice a roundish painless lump over the eyelid margin. If infected, it may become red, swollen and painful.

Treatments

In usual cases, hot compression over the eyelid will be sufficient. If the nodule is large or infected, surgical incision and curettage will be performed under local anesthesia as an out-patient procedure. Suturing of the wound is not required and it will usually heal within a few days.

Remarks

- Maintain personal and eyelid hygiene
- Healthy lifestyle and balanced diet rich in vegetables and fruits

The information is for general education purpose and reference only.

Should you have any queries, please consult medical professionals

Specialty Advisory Group (Ophthalmology)

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