



## Cataract

It is the opacification of the transparent lens of an eye which is responsible for focusing.

### Causes

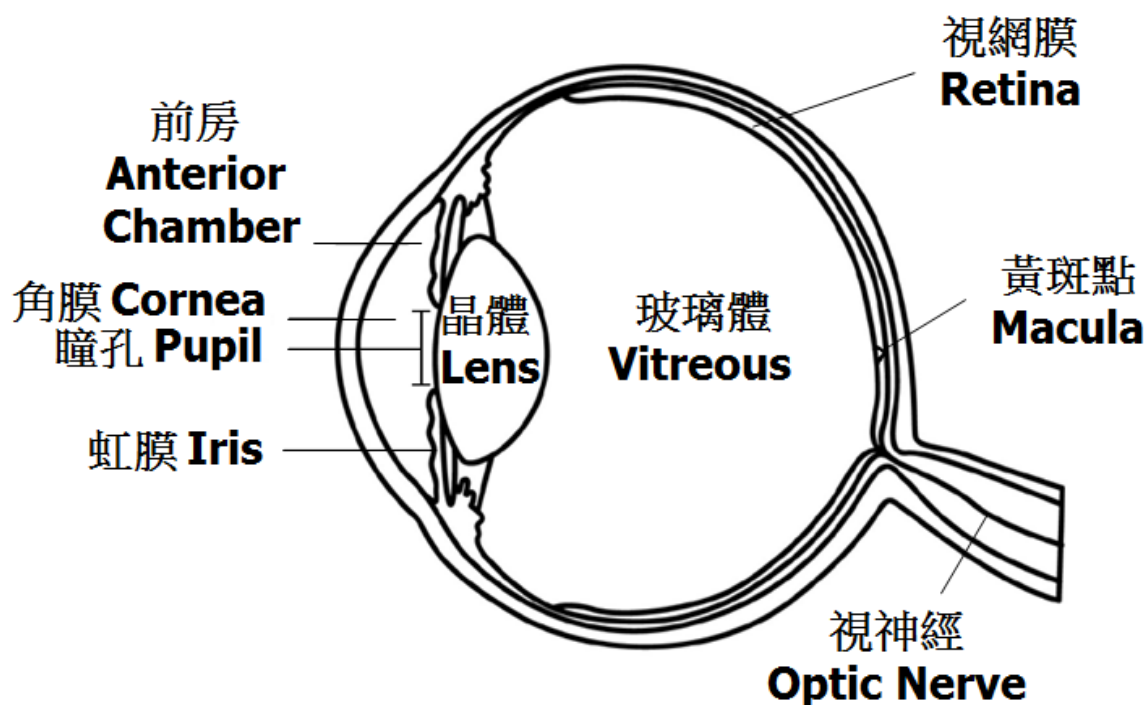
Aging is the most common cause. Other causes include diabetes , prolonged use of steroid, excessive radiation or ultraviolet exposure, congenital causes. History of ocular surgery, intraocular inflammation or trauma may also induce cataract.

### Signs / Symptoms

- Progressive blurring of vision
- Reduced color sensitivity
- Intolerance to light perception
- Glare/seeing halos at night time

## Treatment

If significantly affecting daily activities or work, the patient may consider undergoing cataract extraction operation, which is the only clinically proven treatment to date. It involves the removal of opacified lens and implantation of an artificial intraocular lens. The operation is usually performed under local anaesthesia, unless under special circumstances at the discretion of doctor, at which general anaesthesia may be required.



*The information is for general education purpose and reference only.*

Should you have any queries, please consult medical professionals

Specialty Advisory Group ( Ophthalmology )

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