



Acute Infectious Conjunctivitis

Acute infectious conjunctivitis is a viral or bacterial infection of the conjunctiva (the thin layer of tissue that lines the inner surface of the eyelid and covers the white part of the eye).

Causes

- Virus Infection
- Bacteria infection (incubation period is 1-12 days)

Signs/Symptoms

- Redness of the conjunctiva
- Swollen eyelids
- Tearing
- Increased discharge
- Itchiness
- Pain
- Foreign body sensation
- Sensitivity to light

Mode of transmission

Transmission is mainly by direct and/or indirect contact

- Direct contact with discharge from the eye or upper respiratory tract of an infected person
- Indirect hand-to-eye contact by hand or objects that are contaminated with the infectious agent, such as eye make-up applicators or towel

Treatment

Seek medical treatment immediately. Take medication and rest according to doctor's instruction.

Remarks

- Avoid strong light
- Minimize the transmission of disease
 - Do not share towels with others
 - Maintain good personal hygiene and wash hands frequently
 - Avoid utilizing public amenities such as

The information is for general education purpose and reference only.

Should you have any queries, please consult medical professionals

Specialty Advisory Group (Ophthalmology)

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