

結腸鏡檢查及息肉切除術

簡介

結腸鏡檢查可以較詳細檢查結腸黏膜。結腸鏡是一條柔軟的長管子，可以由肛門進入大腸，醫生進行檢查時，如果發現結腸黏膜發生病變，會抽取一小片組織檢驗。如果發現息肉，亦可放置金屬圈經結腸鏡，利用電流切除息肉；一般適用於細於兩厘米的息肉。切除息肉時，病人不會感到痛楚。大部份的息肉都是良性，只有一小部份會演變成為癌症。

準備工作

- 檢查前一或兩日內只可以進食低纖維食物，如粥
- 當天需服用瀉藥或用灌腸劑清潔大腸
- 如曾對任何藥物有過敏反應，請通知醫生或護士
- 需簽署手術同意書

過程

- 這項檢查通常是在內窺鏡房進行
- 病人要側臥及屈曲雙腿
- 有需要時，醫生會注射鎮痛劑

- 然後將已潤滑的結腸鏡插入肛門檢查結腸黏膜。病人可能有點不舒適的感覺，但未必會感到痛楚
- 整個過程需時十五分鐘至一小時

護理及建議

- 檢查後一般可恢復正常飲食
- 如有嚴重不適、腹痛、發熱、肛門大量出血等，請即返回醫院急症室求診

併發症

結腸鏡檢查及息肉割除術一般都是安全的，但亦可能發生下列的併發症：

- 腸壁遭意外劃破，引致腹膜炎，需要施手術縫合破口。腸壁穿破率少於千分之一
- 取組織檢驗或割除息肉的地方可能有輕微出血，一般會自動止血

如有任何查詢，請聯絡你的主診醫生。

以上資料由瑪麗醫院外科部提供

COLONOSCOPY AND POLYPECTOMY

INTRODUCTION

Colonoscopy is the procedure of viewing the inside of the large bowel using a long flexible fiberoptic endoscope. If a small polypoid growth (<2cm) known as polyp is seen, it can be removed (polypectomy). If the growth looks suspicious, biopsy of the growth will be done and tissue sent for laboratory analysis.

PREPARATION

- A soft diet such as congee with low fibre for two days before the procedure.
- Purgative the night or on the morning of the procedure to clear the bowel
- Please inform the doctor or nurse if you have history of drug sensitivity
- A written consent is required

PROCEDURE

- Colonoscopy and polypectomy is usually performed in the Endoscopy Unit with or without intravenous sedation.
- Your doctor will put you in a lateral position with the thigh and leg flexed.
- The lubricated endoscope is then inserted into the large bowel lumen through the anus.

- You may feel a bit discomfort when air is pumped in to open up the lumen of the bowel for proper vision.
- This procedure may last for 15 minutes to one hour, depending mainly on the anatomy of the large bowel.

CARE AND ADVICE

- Under most situation, normal diet may resume after the effect of sedation is worn off. Your doctor will advise you
- If severe abdominal pain, fever and massive rectal bleeding is experienced, immediately return to the Accident & Emergency Department of Hospital

COMPLICATIONS

- Blood stained stool due to bleeding is expected in the first two days after polypectomy or biopsy. Bleeding will rarely be severe
- Bowel perforation occurred in less than 0.1%; which may require an operation to repair the hole.



瑪麗醫院

QUEEN MARY HOSPITAL

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Should there be any queries, consult your doctor- in-charge.

Information provided by Department of surgery,
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